

**Housing, Community & Emergency Services Department
South East Area Office**

**To the Chairperson and Members of the
South East Area Committee**

Community Development Section Report

- June 9th:** Terenure and Rathgar Dog Show, Bushy Park @ 12 noon (registration 10am).
- June 10th:** Street Feast Nationwide Event – various locations.
Beechwood Family Fiesta.
- June 11th:** Let's Walk and Talk – visit to the Jeanie Johnston.
St. Andrew's Day Care Centre @ 2.30pm.
- June 12th:** Songs of Joyce – Rathgar Active Retirement Group, 52 Grosvenor Road @ 2.30pm.
- June 13th:** YEATS Day – Sandymount Green @ 10.30am.
Songs of Joyce – Greenore / Rostrevor Community Room from 2 - 3.30pm.
Going Wild in the Garden - Gateway, Rathmines @ 2pm.
- June 14th:** Songs of Joyce – Verschoyle Court from 2 - 3.30pm.
- June 15th:** Bloomsday Tea Dance – Evergreen Club from 2 - 4.30pm
- June 16th:** **BLOOMSDAY**
Bloomsday Breakfast:
Ranelagh Arts Centre @ 9am.
Iris Charles Centre Sandymount @ 10am.
'The Citizens Breakfast', Shelbourne Road @ 10.30am and 3pm.
Sceptres Bloomsday, Ranelagh Arts Centre @ 11am.
Bloomsday with Senator David Norris and Friends, Sandymount Green @ 12 noon.
Ulysses Goes Wild – Éanna Ní Lamhna, Dartmouth Square @ 1pm / Kiosk 116B Orwell Road @ 3pm / Harold's Cross Park @ 6pm.
'Seven Scenes from Ulysses' - Dartmouth Square @ 2pm / Rathgar Village @ 4.30pm / Harold's Cross @ 6.30pm.
- June 16th:** International Yoga Day Event, Dartmouth Square from 10 - 12pm.
- June 17th:** SAMRA Fun Day – Sandymount Green from 2 - 5pm.
Mount Argus Street Feast @ 12.30pm.
- June 20th:** Let's Walk and Talk – Visit to the Jeanie Johnston.
For Greenore / Rostrevor Seniors @ 3pm.

June 23rd: Harold's Cross Youth Club Fun Day from 12 - 3pm.

June 30th: Havelock Square Family Fun Day from 1 - 4pm.

In addition to the above a number of weekly events continue to take place as part of ongoing community work: older persons' activities, Friends of Green Spaces, allotment links etc.

Tuesdays: 11.am: Dance for Life Classes, Evergreen Club Terenure.
2pm: Let's Walk and Talk, Barge Pub.
3pm: Chair Yoga, Woodstock Court.

Wednesdays: 11.30am: Chair Yoga, Beech Hill Court.
2pm: Let's Walk and Talk (Spanish), Kildare Place.

Thursdays: 10am: Parent & Toddler Group, Evergreen Club, Terenure.
2pm: Walk & Talk, Sandymount Green.
3pm: Knitting Classes, Beech Hill Court.

Fridays: 11am: Walk & Talk (as Gaeilge), Meeting House Square.
11am: Walk & Talk (French), Kildare Place.

Saturdays: 10am: Parent & Toddler Group, Evergreen Club, Terenure.
11am: Bushy Park Market.
2pm: Walk & Talk, Dropping Well Pub.

Friends of Green Spaces:

Specific work and projects in:

Beech Hill, Dunville Avenue, Heskin Court, Macken Street, Magennis Square, Northbrook Avenue, Pearse House, Ringsend, Verschoyle Court, York Street, all allotments, Company Volunteer Clean-up Projects Day in Verschoyle Court and St. Patrick's School Garden in June.

Tidy Towns and DCC City Neighbourhood Competition support with village cleaning flowering and greening through main plant sales and direct work in Donnybrook, Harold's Cross, Lansdowne Park, Palmerston Park, Rathmines, Ranelagh, Terenure and Sandymount.

To the Chairperson and Members of the
South East Area Committee

Environmental Services Unit Report

Weed Control

Weed-spraying throughout the South East Area for all footpaths, streets and laneways, identified as being under Dublin City Council's charge, commenced on 28th May. A 2nd spray is scheduled to take place commencing in late August.

Waste Management

41 big belly bins have been initially allocated to the South East Area and are being placed in the following locations:

Grand Canal	12
Temple Bar	13
Westmoreland Street	3
Aston Quay	4
Burgh Quay	2
Sandymount	2
Ranelagh	1
Rathmines	1
Ringsend	1
Harold's Cross	1
Terenure	1

These bins have 4 to 5 times the capacity of the older type bins.

Events

- Docklands 5K, Thursday 28th June.
- Dublin Pride, June 21st to 30th, Parade Day Saturday 30th June.
- Laya Healthcare's City Spectacular, 6th to 8th July.

**To the Chairperson and Members of the
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Housing Projects and Local Area Improvements

Grand Canal Sub Group

The latest meeting of the Grand Canal Sub-committee was held on 16th May 2018. Five goals for 2018 were agreed by the committee:

1. Educational app / signage.
2. Focus on separation of waste from canal clean-ups.
3. Canals Ambassador Scheme to be piloted from September.
4. Master Plan for canals, including integrated website for both canals in the city.
5. Events and animation along the canal.

The tender to appoint a weekly Saturday market provider at Portobello Harbour between May and September 2018 was not successful. The Portobello Harbour Festival was held on 12th and 13th May 2018 with support from Waterways Ireland. The next meeting of the Grand Canal Sub-committee will be held on 20th June 2018.

Rathgar Village Improvement Plan (VIP)

The finalised Rathgar Village Improvement Plan (VIP) was approved at the January 2015 South East Area Committee. The Part 8 for Herzog Park was approved at the meeting of the City Council on 9th January 2017. Implementation works have commenced with re-alignment of the bring centre by Waste Management Section. Consultation was carried out with three local primary schools in relation to providing a nature play area in the woodland area. Tree works have been completed and works to Nature Play area are due to be completed in June 2018. Further works planned for 2018 include creation of Multi Use Games Area (MUGA) on site of old bowling green and planting / landscaping / path works in park. Tender is currently being prepared by Parks Services to appoint contractor.

Ranelagh Gardens Park

The Part 8 was approved by the City Council in July 2015. The playground was completed in 2016/7. Other elements of the Part 8, including bird garden, planting, tree works, works to pond edging and island were carried out in November and December 2017. These were completed in January 2018. Cleaning of the main entrance archway to the park was carried out in April 2018. Further improvements to paths / dealing with drainage issues will be undertaken later in 2018.

Ringsend Irishtown Local Environment Improvement Plan (LEIP)

The Ringsend Irishtown Local Environment Improvement Plan was adopted at the June 2017 South East Area Committee meeting. The proposals for Library Square and Cambridge Road have now been included in the Capital Works Programme 2018 - 2020. Expressions of interest were sought in relation to bring both projects to Part 8 stage in March 2018: (1) Library Square and (2) Cambridge Road. Tenders are currently being assessed and consultants will be appointed shortly. Further local consultation will be undertaken as part of the detailed design and preparation of Part 8 application in 2018.

Terenure Village

Five new lamp standards were identified for upgrade in 2017 and installation will be carried out in late May 2018. Proposal to screen recycling bins in car park on Terenure Road North is being examined with Terenure 2030 / Tidy Towns and Waste Management Services as a project for 2018.

New Playground at Sean Moore Park

Community gain funding has been approved to provide a new playground at Sean Moore Park. Consultations have recently taken place with local schools and a tender has been prepared to appoint consultants to design a new playground for Sandymount at Sean Moore Park. Preliminary meeting was held with Senior Planner and works departments are currently being consulted. It is intended to include Pre Part 8 report on the agenda of the July 2018 South East Area Committee.

Crampton Buildings

Our community team is planning to work on a greening scheme for Crampton Buildings and enquiries are currently being made regarding flower boxes.

O'Carroll Villas

The car park to the rear was recently resurfaced. We are awaiting landscaping proposals from Housing Maintenance with a view to this work taking place over the summer months.

Cabbage Patch

Minor environmental works in the Cabbage Patch are ongoing; the runners were removed from the lampposts; new trees have been planted and the bollards and the lamppost at the entrance to the park have been painted. The next steps are to power wash the area and also focus on the illegal dumping. Our community section is working on making connections with the local community and we are planning to organise a football tournament for young people in conjunction with the FAI.

GB Shaw House

City Architects Division is doing a measured survey of the building in the first week in June with a view to commencing the statutory approval process (part 8) by the end of June. The aim is to seek city council approval by November and have tender documentation ready by the end of the year.

**Culture, Recreation & Economic Services Department
Dublin City Sport and Wellbeing Partnership Section**

**To the Chairperson and Members of the
South East Area Committee**

Dublin City Sport and Wellbeing Partnership (DCSWP) Report

Dublin Sports Fest

Dublin City Sports and Wellbeing Partnership's (DCSWP's) flagship event will take place during European Week of Sport (September 23rd – 30th). The focus will be on encouraging participation across all ages, backgrounds & abilities and, importantly, sustainability. There will also be the added bonus of the chance to showcase Dublin City Council's many sport and recreation facilities.

The festival will comprise of a week-long programme of events across many of DCC's facilities, parks and urban spaces. We will look to link with many of the sporting national governing bodies (NGB's) / sports clubs across the city and encourage them to participate in the festival by hosting open nights, taster sessions, blitzes etc.

We hope to develop a promotional pack to assist them with this. Larger clubs may have the capacity and resources to deliver bigger one-off innovative events that could feature as one of the headline attractions on our Programme of Events for the week.

We also hope to link with schools and third level institutions in addition to curating links with some corporate entities in order to deliver some fun and novel workplace wellbeing initiatives during the week (e.g. silent disco, lunchtime tai-chi, outdoor spin, tug of war, relay race, dance flash mobs etc.)

A large element of Dublin Sports Fest will involve tying in with pre-existing events such as the Great Dublin Bike Ride, Sport Ireland's Family Sportsfest in the National Sports Campus and Parkrun etc. (i.e. turning Parkrun blue for the weekend in question).

Other big ticket events proposed for the week include:

- Tag Rugby event in Trinity College.
- Liffey Odyssey event comprising of a flotilla of small craft including kayaks, canoes, rafts etc. that will go on a leisurely journey from the Garda Boat Club in Islandbridge right through the city centre to the 3 Arena - run on behalf of DCSWP by Ballyfermot Outward Bounds Adventure Centre and some other partners.
- Glow Sports events to take place across three different venues on the night of Saturday September 29th.
- Large scale 5-a-side soccer tournament - the Football Association of Ireland proposes to run this as a pilot for a similar initiative they hope to deliver as part of the Euro 2020 Legacy Programme.
- DCSWP's Older Adult Sports Day will take place during this week.

As the week of Dublin Sports Fest also coincides with Positive Ageing Week and National Fitness Day (28th September), we will endeavour to speak to the organisers of these initiatives to see if any of their events can come under the umbrella of Dublin Sports Fest.

Sport for Young People – Small Grants Scheme

The aim of the grant is to increase participation by young people throughout Dublin City in sport and physical activity.

Grants were advertised in mid-May via email to clubs and sports contacts, newspaper advertisement and via social media. Deadline for receipt of applications is Friday, June 29th at 4pm.

Guidelines and application forms can be found at:
www.dublincity.ie/smallgrantscheme2018

Go for Life Games

The Go for Life Games involve three sports that can be played in singles, pairs and teams:

- Lobbers - adaption of Petanque and Boules.
- Flisk - adaption of Frisbee and Horseshoe Pitching.
- Scidil - adaption of Ten-Pin Bowling and Skittles.

The emphasis of the games is on participation and fun. They are played in a non-competitive way (as much as possible!) with participants encouraged to umpire their own game.

The aim of the Go for Life Games is to involve older people in recreational sport. The National Finals (June 9th) take place in Dublin City University and are run by Age & Opportunity with the support of Local Sports Partnerships and the Health Service Executive. In the lead-up to the national finals, DCSWP Sport Officers organised regional finals (north side and south side) in addition to delivering an ongoing league and friendly games. The south side finals took place in Sport & Fitness Ballyfermot on 23rd May and the north side finals took place in Cabra Parkside on 24th May.

Bike Week (9 – 17 June)

Bike Week is a national initiative that takes place from the 9th to 17th of June. Dublin City Sport & Wellbeing Partnership has sourced funding via the Environment & Transportation Department and will use this to deliver a number of bike related activities across the city during this week. For more information on what's happening please contact your local Sport Officer.

During Bike Week, the Sport & Wellbeing Partnership will launch two new bike hubs which have been established at Dublin Municipal Rowing Centre, Islandbridge and East Wall Water Sports Centre.

The Green Scene

Dublin City Sport & Wellbeing Partnership is putting together a schedule of activities to take place on green spaces around the city during the summer months. Activities will comprise of multi-sport and physical activities and will target various demographics within the community.

The schedule of activities is yet to be finalised. Please contact your local Sport Officer for more details.

Fit4Class

Dublin City Sport & Wellbeing Partnership, in conjunction with Athletics Ireland, rolled out a **free 10 week 'Fit4Class' National Programme** in primary schools across the city.

Fit4Class is a ten week programme that introduces primary school children from junior infants to fourth class to athletics in a fun, engaging and non-competitive environment. It focuses on the use of games to develop fitness whilst enhancing agility, balance and co-

ordination, all fundamental to longer term physical athletic development. Fit4Class rewards students for participating and having fun.

As part of the programme the participating schools have received Fit4Class equipment bags and coaching manuals that guide teachers week by week through the programme. All participating children are also rewarded with a certificate on completion of the programme.

Over 15 schools from the South East area took part. This programme is now coming to an end but teachers will have the equipment & manuals as a resource to play the games at any time.

Thrive

Thrive is a referral programme geared towards engaging people with mental health difficulties through physical activity. This can range from people who suffer with anxiety or depression right through to people who may have suffered an acquired brain injury and need assistance in re-integrating into their communities from a personal independence, social & general wellbeing viewpoint.

A Thrive programme is currently being delivered to a mixed gender group from Rehab Care in Pearse Street every Wednesday afternoon at 2.30pm.

General

A pilot **Teen Gym** programme for 13 – 17 year olds has commenced in Sports and Fitness Irishtown (Monday to Friday 3.30pm – 5.30pm; Saturday / Sunday 10am – 4pm) in partnership with CBS Westland Row and Ringsend College.

The local DCSWP Sport Officer, in partnership with Sports & Fitness Irishtown, is currently delivering a **Women's Fitness Class** on Monday mornings and Wednesday afternoons.

Older Adult Programmes

Chair Fit classes for older adults over 55 take place in Mount Drummond, Harold's Cross, every Monday from 7.15pm – 8.15pm. Classes work on improving the participant's mobility & strength.

Chair Yoga classes for older adults over 55 take place in Woodstock Housing Complex, Ranelagh, every Tuesday from 3pm - 4pm (until 1st May). Classes work on improving the participant's mobility & strength - improving flexibility, balance and posture (to benefit older adults when going about their day to day activities). It also helps with their ability to relax.

A **Forever Fit** programme takes place every Tuesday from 2pm – 4pm in St. Patrick's Catholic Men & Women's Society, Ringsend (30 women, 5 men). Activities include modified aerobics, snooker etc.

A similar programme takes place in the Iris Charles Centre, also on Tuesdays, from 12pm – 1pm.

Walk and Talk sessions are aimed at older adults to get them out walking in their community. There is a social / general wellbeing element involved. Currently, a walk takes place every Tuesday from 2pm – 3pm for people in the Rathmines / Ranelagh / Charlemont areas (meet outside Barge Pub).

Sports & Fitness Markievicz

Sports & Fitness Markievicz are offering sports clubs across the city the chance to try out the very new and innovative high intensity tactical training (HITT) class on water – **FloatFit!**

Designed by fitness experts, sports professionals & physiotherapists, FloatFit utilises the natural fluidity of water to challenge the body's motor skills & movements to give a new and different aspect to even the most traditional of exercises! The 30 minute FloatFit class is a revolutionary, low impact cross training class which takes place on 10ft Aquabase inflatable boards in the water. The workout will do following:

- Improve overall level of fitness and all other health related benefits achieved through general exercise.
- Improve overall strength and endurance through isometric, isotonic & plyometric movement.
- Improve flexibility, co-ordination and balance.
- Improve reaction times and enhance explosive movement.
- Caters for all levels of fitness, excellent conditioning exercises for players recovering from injury.

FloatFit is also a high energy and extremely fun class. It allows for team building and can provide something a little different to your average training sessions.

A competitive **Swimming Gala** for kids who have been taking part in ongoing swimming lessons in the facility will take place on Wednesday, 27th June from 3pm – 5pm. This will also coincide with the launch of Markievicz's new pool inflatable

Sports & Fitness Markievicz will show their support for Pride by hosting a special pool party on Wednesday, 27th June from 8pm – 9pm. Staff from Markievicz will also help to facilitate a Ride 4 Pride cycle in Civic Offices Amphitheatre on Friday, June 29th, from 6pm – 7pm (registration from 5.30pm).

Football

Sprog Soccer: Programme for 4 to 8 year olds held in 1) Sports and Fitness Irishtown on Fridays with 60 children participating; 2) YMCA, Aungier Street on Wednesdays at 9.30am with 80 children participating.

Men's league: Mondays and Wednesdays in Sports and Fitness Irishtown from 6pm to 8pm.

'Football for All' Programme: Specifically for kids with learning difficulties and physical disabilities, this programme continues on Fridays from 5pm to 6pm in Sports and Fitness Irishtown with 10 – 15 participants.

School sessions: DCSWP / Football Association of Ireland (FAI) Development Officer Jonathan Tormey is running weekly coaching sessions in various schools throughout the South East Area.

Girls' Soccer Development: DCSWP / FAI Development Officer Jonathan Tormey will be running soccer sessions on Tuesday and Thursday evenings for girls aged 8 to 12 years from the Ringsend and wider area.

Mini World Cup: DCSWP / FAI Development Officer Jonathan Tormey will link in with Cambridge Boys FC to run a mini world cup for young people in the area at the end of June

Rugby

A Metro Schools Rugby Blitz will take place on Wednesday June 13th from 10am – 2pm in Ringsend Park, with over 300 young people between the ages of 9 & 13 expected to participate.

For more information on activities happening in the area please contact your local Development Officer (details at foot of this report).

Boxing

The **Startbox** Initiative, a partnership between the Irish Amateur Boxing Association (IABA) and Dublin City Sport & Wellbeing Partnership, represents an ideal way for young people (10

– 17 years) to first engage with amateur boxing, Ireland’s most successful Olympic sport. It is delivered by our five dedicated IABA / DCSWP Development Officers via local schools (primary & transition year level) in communities across the Dublin city area. Approximately 2,000 young people take part each year.

The programme is structured into Bronze (non contact), Silver and Gold phases. The first phase focuses on general strength and fitness, method and technique. The Silver Programme consists of higher intensity sessions and limited contact and the Gold phase takes it on to another level again.

During the summer months the IABA / DCSWP Development Officers take a break from Startbox to deliver an Olympic Medal Educational Programme in the Aviva Stadium (also includes a stadium tour). This innovative programme is aimed at primary schools for their end-of-term trips and then latterly to youth projects and summer camps throughout June and July.

Cricket Development Officer Update

School Visits: We will be delivering school yard sessions in the South East Area to the following schools during this period:

- Star of the Sea (Wednesdays 1pm - 2.30pm).
- St. Matthew’s (Wednesdays 11am - 12.30pm).
- Sancta Maria, Synge Street (Tuesdays 1pm - 2.30pm).
- St. Louis National School, Rathmines (Tuesdays 9am - 2.30pm).
- Harold’s Cross National School (Thursdays 9am - 2.30pm).

Our Leprechaun Cup (Primary Schools Competition) will be on during this period where schools play games on a weekly basis. Matches and venues are organised with schools a week before each game is due to take place.

Our annual “South East Area Cricket Blitz” will be taking place at the end of June where all schools mentioned above take part. This will take place at Leinster Cricket Club (date to be confirmed).

During July we will be working with any Dublin City district teams (U11 - U17) who have training sessions which are based all over Dublin City. Players from this will usually come from the Sandymount, Ringsend and Rathmines areas.

Contact details

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